



# Welcome 2025

I hope you all enjoyed some time with family and friends during this holiday season.

Winter is officially here and along with winter comes the possibility of challenging weather conditions. That makes this a good time to address our weather policy.

### INSIDE THIS ISSUE

- Executive Director.....#1
- Services.....#2
- Programs & Resources.....#3
- January Calendar.....#4
- February Calendar.....#5
- Trips.....#6
- Trips.....#7
- Trips.....#8
- Activities Team.....#9
- Senior Connection.....#10
- Senior Connection.....#11
- Get Movin'.....#12
- Winter Wellness.....#14
- Join the Fun.....#16
- Crossword Puzzle.....#17
- Board Members.....#18
- Mailing List.....#20

WCCOA is committed to always keeping our clients and staff safe. We don't want our clients attempting to navigate conditions that may make it difficult to get to and from vehicles such as slippery sidewalks, stairs, and porches. We also do not want our staff driving on hazardous roadways.

Therefore, when we are under a Level 1 weather advisory, services will be cancelled. We will make every attempt to serve dialysis clients.

As for activities, we will cancel local events if your local school district closes.

Example: We have a community lunch scheduled in Sycamore. If Mohawk Schools close for adverse weather conditions, the community lunch will be cancelled.

Please call the office, 419-294-5733, anytime you are unsure and want to verify closings and cancellations.



Terry Ratliff, Executive Director

### Mission Statement:

Wyandot County Council On Aging engages Wyandot County citizens of all ages and provides services to our 60+ community to enhance the quality of their lives.

*Living Smart Aging Strong* 

127 S. Sandusky Ave Upper Sandusky, OH 43351 419-294-5733

### HOMEMAKING

In an effort to allow our clients to safely remain in their homes for as long as possible, our homemaking team provides light housekeeping services. Keeping homes clean and free of clutter make for happier, safer homes.

Currently, we have a short waiting list for this service. If you would like your name added to the waiting list please give our office a call.

**2024 HOMEMAKING REVIEW:**  
93 Clients Served  
3,829 Hours Logged



**Alesta Altvater**  
Homemaking Supervisor

### NUTRITION

Do you know about our Nutrition Services???

Our agency offers three types of meals that can be delivered to your home up to five days a week. Our menu is created by a nutritionist, emphasizing a well-balanced, low-sodium diet. The Home Delivered Meal program also allows our team to engage with clients regularly. Additionally, we provide a dine-in option at our office from 11:30 am to 12:30 PM, Monday to Friday.

**2024 NUTRITION REVIEW:**  
35,089 Meals Served



**Ronald Bailey**  
Nutrition Supervisor

### TRANSPORTATION

WCCOA drivers are committed to meeting your transportation needs. Non-emergency, medical appointments receive priority scheduling and can be anywhere in the state of Ohio. Non-medical transports are available inside Wyandot County. We offer door to door service and our fleet of vehicles can accommodate most mobility needs. Reservations can be made by calling our office and require advance notice.

**2024 TRANSPORTATION REVIEW:**  
6,149 Medical Transports  
2,572 Non-Medical Transports  
2,735 Social Transports



**Patty Nye**  
Transportation Supervisor



**New Program**  
*Spotlight*

JOIN US FOR

**COFFEE AT THE CONNECTION**

WEDNESDAYS @ 9 AM

**SENIOR CONNECTION**  
124 S SANDUSKY AVE UPPER SANDUSKY

Ohio Senior Health Insurance Information Program  
**1-800-686-1578**

**OSHIP**

**Ombudsman**  
Expect Excellence in Your Care

MyCare Ohio Ombudsman  
**1-800-282-1206**

**HEAP**

- The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175 percent of the federal poverty guidelines pay their heating bills.
- HEAP benefits are applied to an individual's energy bill after January 1st.
- Applications for the HEAP program must be received by May 31, 2025

Applications are open to anyone over the age of 18. Those over 60 can request assistance filling out the application. All heating types are eligible for energy assistance program.

For More Information:  
Call 419-524-4144  
Visit [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov)



**AREA AGENCY ON AGING**  
Ohio District 5 | Serving North Central Ohio

**AARP SERVICES**

Have been affected by a scam? **AARP Fraud Watch Network™** offers free, confidential discussion groups for victims of fraud and their loved ones.

**aarp.org/fraudsupport**

# January

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> 	<b>2</b> 10:00am Bible Study CL	<b>3</b> 9:00am Chair Exercise SC 1:00pm Bridge SC
<b>6</b> 9:30am Jumpin' w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC	<b>7</b> 9:30am Bowling WL	<b>8</b> 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 12:30pm Euchre SC	<b>9</b> 10:00am Bible Study CL 5:00pm Senior Club COA	<b>10</b> 9:00am Chair Exercise SC 1:00pm Bridge SC
<b>13</b> 9:30am Jumpin' w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC	<b>14</b> 9:30am Bowling WL 6:00pm Game Night SC	<b>15</b> 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 11:30am Pickleball JSC 12:30pm Euchre SC	<b>16</b> 10:00am Bible Study CL 1:00-4:00 Winter Wellness Open House - SC	<b>17</b> 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC
<b>20</b>  <b>CAVALIER'S BASKETBALL TRIP</b>	<b>21</b> 9:30am Bowling WL 1:00pm Book Club SC  <b>MYSTERY LUNCH</b>	<b>22</b> 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 11:30am Pickleball JSC 12:30pm Euchre SC	<b>23</b> 10:00am Bible Study CL 1:00-4:00 Winter Wellness Open House - SC	<b>24</b> 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC
<b>27</b> 9:30am Jumpin' w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC	<b>28</b> 9:30am Bowling WL 1:00pm Take "2"sday Movie - SC Dumplin' 6:00pm Game Night SC	<b>29</b> 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 11:30am Pickleball JSC 12:30pm Euchre SC	<b>30</b> 10:00am Bible Study CL 1:00-4:00 Winter Wellness Open House - SC 5:00pm BINGO & Pizza TDP	<b>31</b> 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC  <b>FUN FRIDAY</b>

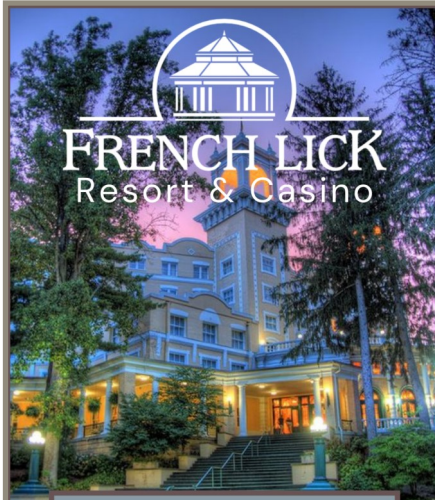
# February

Monday	Tuesday	Wednesday	Thursday	Friday
<p>COA = Council On Aging <b>Upper Sandusky</b></p> <p>SC = Senior Connection <b>Upper Sandusky</b></p> <p>WL = Wyandot Lanes <b>Upper Sandusky</b></p>		<p>JSC = John Stewart Methodist Church <b>Upper Sandusky</b></p> <p>CL = Carey Link <b>Carey</b></p>		<p>TEC = Trinity Evangelical Church <b>Upper Sandusky</b></p> <p>TDP = The Dwelling Place <b>Wharton</b></p>
<p><b>3</b></p> <p>9:30am Jumpin' w/ Jim JSC</p> <p>1:00pm Crochet SC</p> <p>3:00pm Chair Exercise SC</p>	<p><b>4</b></p> <p>9:30am Bowling WL</p>	<p><b>5</b></p> <p>9:00am Coffee@Connection</p> <p>9:30am Jumpin' w/ Jim JSC</p> <p>10:00am Donuts&amp;Tech - SC</p> <p>11:30am Pickleball JSC</p> <p>12:30pm Euchre SC</p>	<p><b>6</b></p> <p>10:00am Bible Study CL</p> <p>1:00-4:00 Winter Wellness Open House - SC</p>	<p><b>7</b></p> <p>9:00am Pickleball JSC</p> <p>9:00am Chair Exercise SC</p> <p>1:00pm Bridge SC</p>
<p><b>10</b></p> <p>9:30am Jumpin' w/ Jim JSC</p> <p>1:00pm Crochet SC</p> <p>3:00pm Chair Exercise SC</p>	<p><b>11</b></p> <p>9:30am Bowling WL</p> <p>6:00pm Game Night SC</p>	<p><b>12</b></p> <p>9:00am Coffee@Connection</p> <p>9:30am Jumpin' w/ Jim JSC</p> <p>11:30am Pickleball JSC</p> <p>12:30pm Euchre SC</p> <p><b>MYSTERY LUNCH</b></p>	<p><b>13</b></p> <p>10:00am Bible Study CL</p> <p>1:00-4:00 Winter Wellness Open House - SC</p> <p>5:00pm Senior Club COA</p>	<p><b>14</b></p> <p>9:00am Pickleball JSC</p> <p>9:00am Chair Exercise SC</p> <p>1:00pm Bridge SC</p>
<p><b>17</b></p> <p>9:30am Jumpin' w/ Jim JSC</p> <p>1:00pm Crochet SC</p> <p>3:00pm Chair Exercise SC</p> <p><b>FRENCH LICK TRIP</b></p>	<p><b>18</b></p> <p>9:30am Bowling WL</p> <p>1:00pm Book Club SC</p>	<p><b>19</b></p> <p>9:00am Coffee@Connection</p> <p>9:30am Jumpin' w/ Jim JSC</p> <p>11:30am Pickleball JSC</p> <p>12:30pm Euchre SC</p>	<p><b>20</b></p> <p>10:00am Bible Study CL</p> <p>1:00-4:00 Winter Wellness Open House - SC</p>	<p><b>21</b></p> <p>9:00am Pickleball JSC</p> <p>9:00am Chair Exercise SC</p> <p>1:00pm Bridge SC</p> <p><b>FUN FRIDAY</b></p>
<p><b>24</b></p> <p>9:30am Jumpin' w/ Jim JSC</p> <p>1:00pm Crochet SC</p> <p>3:00pm Chair Exercise SC</p>	<p><b>25</b></p> <p>9:30am Bowling WL</p> <p>1:00pm Take "2"sday Movie-SC- <i>Return to Me</i></p> <p>6:00pm Game Night SC</p>	<p><b>26</b></p> <p>9:00am Coffee@Connection</p> <p>9:30am Jumpin' w/ Jim JSC</p> <p>11:30am Pickleball JSC</p> <p>12:30pm Euchre SC</p>	<p><b>27</b></p> <p>10:00am Bible Study CL</p> <p>12:00pm End of the Month Lunch TEC</p> <p>5:00pm BINGO &amp; Pizza TDP</p>	<p><b>28</b></p> <p>9:00am Pickleball JSC</p> <p>9:00am Chair Exercise SC</p> <p>1:00pm Bridge SC</p>



CLEVELAND  
**CAVALIERS**

January 20th



FRENCH LICK  
Resort & Casino

February 17th-19th



NASHVILLE  
CROSSROADS  
ERNEST T. RECORD SHOP  
ALL OF RE  
MUSIC CITY

March 13th - 17th

ROCK OF AGES  
Mystery Trip



April 24th

Nashville  
May

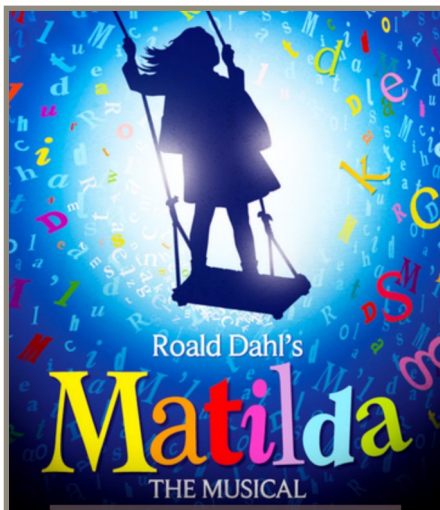


May 9th - 13th



Guardians


June 11th



Roald Dahl's  
**Matilda**  
THE MUSICAL

July 11th

Niagara Falls

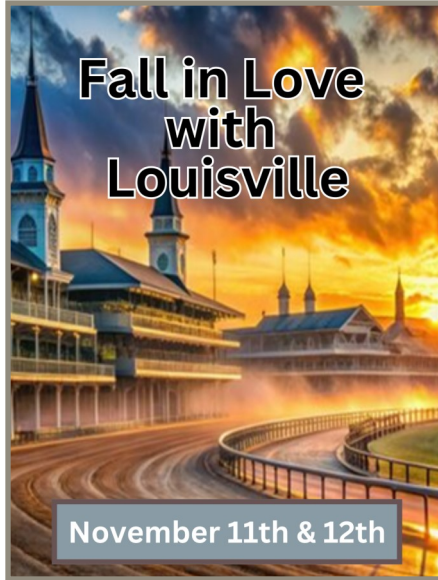


August 18th - 20th



OHIO STATE

September



March - Mystery Destination  
5th, 12th, 19th, 26th

April - Urbana  
2nd, 9th, 16th, 23rd, 30th

May - Wapakoneta  
7th, 14th, 21st, 28th

June - The Lake  
4th, 11th, 18th, 25th

July - Troy  
2nd, 9th, 16th, 23rd, 30th

August - Medina  
6th, 13th, 20th, 27th

September - Amish Country  
3rd, 17th, 24th

October - Toledo Zoo  
1st, 8th, 15th, 22nd, 29th



February 21st  
Home & Garden Show \*\$6  
March 14th  
Pi Day \*  
April 4th  
Quilt Expo \*  
May 23rd  
Firekeepers Casino \*\$100  
June 6th  
Fishing Excursion \*  
July 18th  
Thrift Shop Crawl

August 8th  
Mt. Vernon Music Festival  
September 19th  
Jack Pine Glass Pumpkin Fest  
October 17th  
Apple Butter Festival \*  
November 21st  
IX Center Christmas Expo \*\$12  
December 12th  
Ohio State House Holiday Celebration

\*indicates additional costs

# 2025 Trip Procedures

All **out of county residents** will need to purchase a WCCOA Passport to be eligible to make a trip reservation. Passports are good for one (1) calendar year.

**Wyandot County residents** will be eligible to sign up when a Trip Registration Date is open. Trip Registrations Dates are located in each brochure.

**Out of County residents** will be eligible to begin sign ups two (2) weeks after posted Trip Registration Date.

**ALL trips** (charter bus, Fun Fridays, Weekly Wednesdays & Mystery Lunches) will leave from Trinity Evangelical Church North Parking Lot.

You must have **ALL** of the following completed forms to be added to the manifest...

- A. General Release of Claims
- B. First Aid Alert Sheet
- C. Reservation Form - each trip/each traveler



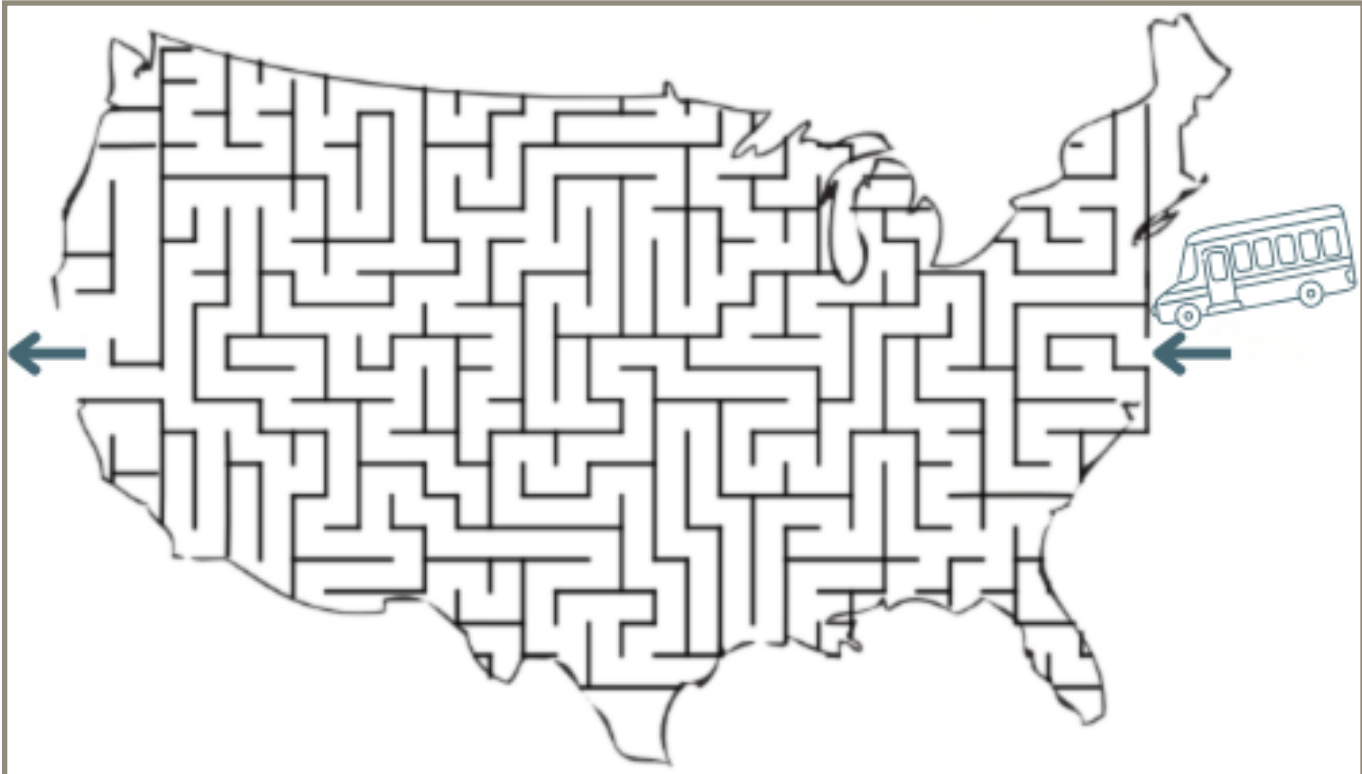
## WCCOA TRAVEL PASSPORT 2025

Passports are available for purchase on our website ([www.wyandotseniors.com](http://www.wyandotseniors.com)) and at the Senior Connection.

### Next Sign-up Dates:

**TRIPS IN JULY - DECEMBER + ROAD TRIP WEDNESDAYS**

**Wyandot County Residents**  
February 3rd  
**Out of County Residents**  
February 17th







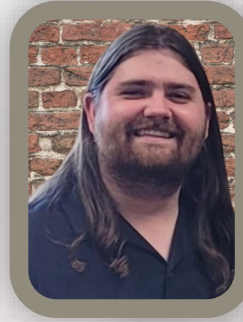
**Teresa Brodman  
Activities Assistant**



**Amy Gardner  
Activities Director**



**Mindy Johns  
Activities Assistant**



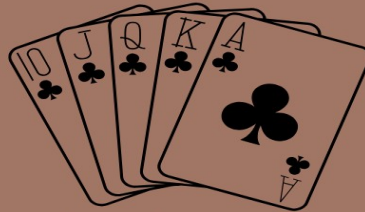
**Trey Miller  
Activities Assistant**

**CROCHET**



Mondays 1PM

**EUCHRE**



Wednesdays 12:30PM

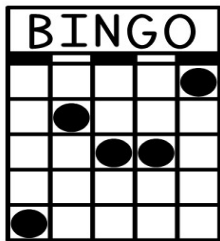
**CRAFTS**



Thursdays 10AM

**HAVE YOU BEEN TO THE SENIOR CONNECTION?**

**BINGO**



Thursdays 1PM

**CHAIR EXERCISE**



Mondays 3PM  
Fridays 9AM

**BRIDGE**



Fridays 1PM



**GAME NIGHT**

TUESDAY  
JANUARY

**14**  
**28**

6PM - 8PM

TUESDAY  
FEBRUARY

**11**  
**25**

Senior  
Connection

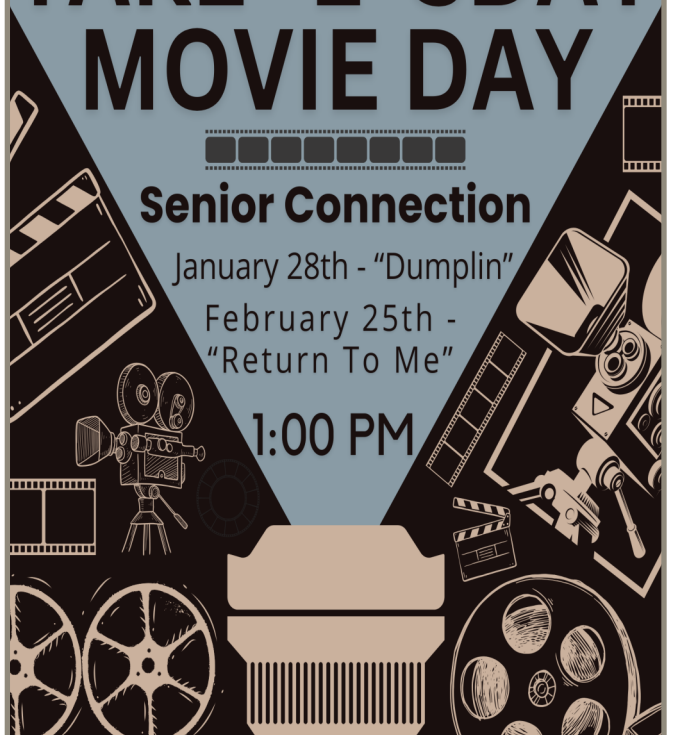
**TAKE "2"SDAY MOVIE DAY**

**Senior Connection**

January 28th - "Dumplin"

February 25th -  
"Return To Me"

1:00 PM



# DONUTS & TECHNOLOGY WITH

Bring your phone or tablet, and our tech-savvy pals from Beltone will help tackle your tech questions. Oh, and did we mention there will be donuts?



**Senior Connection**  
Wednesday, February 5th  
10:00AM - 11:00AM

# Book Club

Senior Connection - 1:00PM

— JANUARY 21ST —

*The Alice Network*  
By Kate Quinn

— FEBRUARY 18TH —

*Cher*  
By Cher

# JUMPIN' WITH JIM

Low Impact

Strength

**MONDAYS 9:30AM-10:30AM**

**& WEDNESDAYS**

Flexibility

130 W Johnson Street  
Upper Sandusky  
(Gym Entrance off of 7th Street)

Cardio

**FREE NO RSVP NEEDED**



# SILVER Strikes

Open Lanes - \$3 Per Person / Game

WYANDOT LANES

**Tuesdays**  
**9:30 to Noon**

All Ages Welcome - 60+ at discount

4 WEEKS TO EAST COAST SWING

# DANCE Class



Free admission  
11:00 - 12:00  
Every Friday  
In February

The Hub  
535 N Hazel Street  
Upper Sandusky

**CALL 419-294-5733 TO SIGN UP**

# WINTER PICKLEBALL

ALL SKILL LEVELS WELCOME



**WEDNESDAY 11:30 - 1:30**  
**FRIDAY 9:00 - 11:00**  
**JOHN STEWART GYM**

# Winter Wellness Open House

## January 16th Healthy Hands

- Satin Hands
- Hand Massages
- Nail Painting

## February 6th Frozen Yogurt Day

- Coffee
- Frozen Yogurt Bar
- Grab a book

## January 23rd Foot Care

- Foot Detox
- Reflexology
- Nail Care

## February 13th Galentine's Day

- Mocktails
- Chair Massages
- Messages

## January 30th Escape Day

- Live Music
- Puzzle Tables
- Hot Cocoa Bar

## February 20th Hoodie Hoo Day

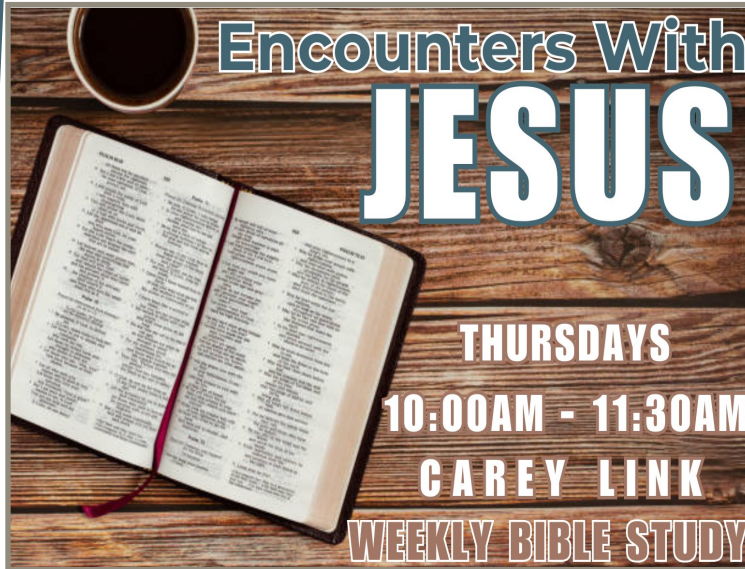
- Goodbye Winter
- Tea Tasting
- Bird Feeder Craft

\*Door Prize  
Ticket for each  
event  
attended

**Thursdays 1 to 4**  
**January 16th - February 20th**

**Senior Connection**

127 S Sandusky Ave Upper Sandusky



**Encounters With**  
**JESUS**

**THURSDAYS**  
**10:00AM - 11:30AM**  
**CAREY LINK**  
**WEEKLY BIBLE STUDY**

**2nd Thursday of each month!**  
**January 9th**  
**February 13th**  
**5:00 PM TO 7:00 PM**  
WCCOA Office  
127 S Sandusky Ave, Upper



**Bring a dish to share & have fun!**

**Do you know about**  
**the link** ?

Carey Link is a non-profit group dedicated to building a stronger, more resilient community in the village of Carey. They aim to build awareness about sustainability issues and create new opportunities for people to work, play, and flourish locally.

200 E FINDLAY ST. CAREY  
(Formally the Carey Depot)



**BINGO & PIZZA**

**JANUARY 30TH**  
**FEBRUARY 27TH**  
5:00 PM - The Dwelling Place Wharton  
**\$5.00 Per Person**  
Please call 419-294-5733 to RSVP

**MYSTERY LUNCH**  
**Jan 21st & Feb 12th**  
*Reservations begin Monday, January 6th*

**DRIVING 2** **TEN** Seats Available for each date.

**Diners & Dives**

You may sign up for ONE Mystery Lunch per newsletter cycle.  
**\$10 for trip + your lunch**  
**Bus leaves at 9:30**  
RSVP by calling **419-294-5733**

JOIN US

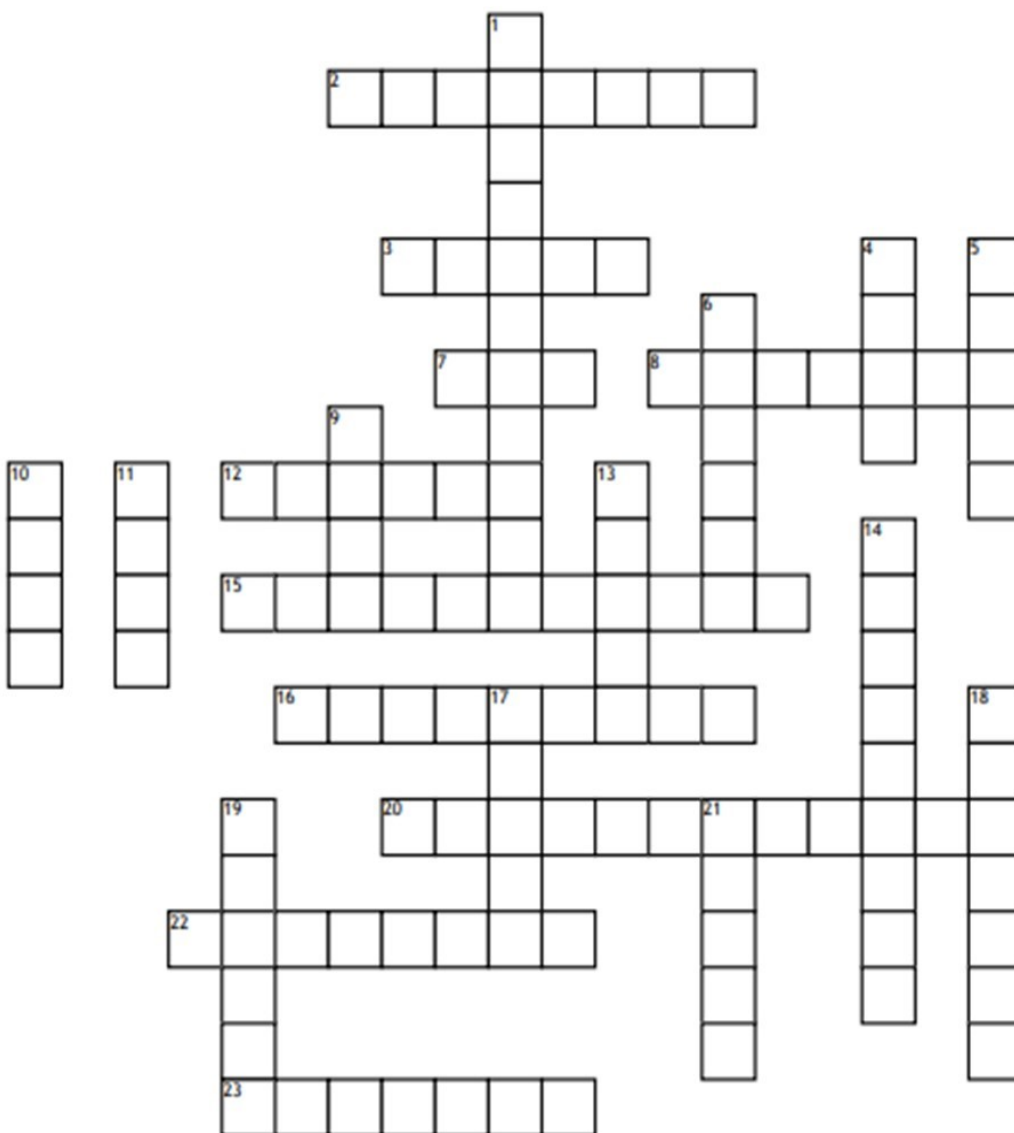


**We are Back**  
**WITH BRUNCH**

**THURSDAY,**  
**FEBRUARY 27TH**  
**12:00**

TRINITY EVANGELICAL CHURCH  
108 MALABAR DRIVE  
RSVP 419.294.5733  
\$5 DONATION

# February Crossword puzzle



**Across**

- 2. number of medium tote colors available in our store
- 3. color of denim that is stain resistant
- 7. number of color option in our store of the packable tote
- 8. womens swim top style that is great for hiding imperfections around the middle
- 12. wrinkle free finish applied to clothing
- 15. this swim collection has the greatest assortment of separates for women
- 16. "like sweats, only better"

20. only style of mens outerwear available in our store

- 22. mens slim but not too tight tops fit
- 23. iconic cable sweater for men and women available in our store

**Down**

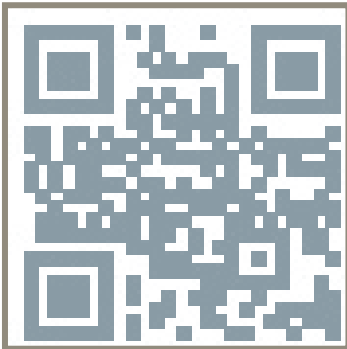
- 1. mens relaxed and comfortable tops fit
- 4. fabric of mens polo in our store
- 5. this style of dress is timeless and universally flattering
- 6. number of womens scarf styles in our store

9. very soft, lustrous fabric of polo for men and women

- 10. number of colors available in our store of mens shorts
- 11. 100% canvas carrier
- 13. number of colors available in our store of the womens swim tee
- 14. classic Lands' End cardigan
- 17. number of womens denim fits in our store
- 18. womens slub tee fit
- 19. womens ribbed and cotton/modal tee fit
- 21. percentage of women that will buy a coverup with a swim suit

# Thank you!

We extend our heartfelt gratitude to all the businesses in the Wyandot County area that have purchased advertisements in our newsletter. Your support is sincerely appreciated!



If you wish to make an electronic donation, please scan this QR code to be directed to our website.

WCCOA, Inc. is a private, non-profit corporation founded on August 9, 1974, and serving individuals since 1976. Over the years, WCCOA has been made possible by grants, partnerships and most importantly - the voters of Wyandot County - who have generously voted to pass tax-levies to keep our operations prospering.

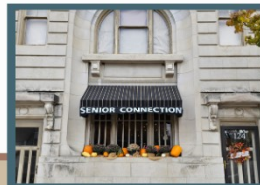
### BOARD OFFICERS

- Bonnie Conley*  
President
- Barb Shumaker*  
Vice President /  
Executive Secretary
- Laura Frey*  
Treasurer

### BOARD MEMBERS

- Paula Fisher*
- Becky Geiser*
- Sue Humer*
- Anna Mae Huntley*
- Tom Martin*
- Deb Mullholand*
- Ruth Reier*
- Marge Sink*
- Jim Stauffer*

- January 16th - Winter Wellness Series Begins
- May 29th - Senior Day In May
- July 31st - Picnic In The Park
- September 10th - Senior Day  
Wyandot County Fair
- November 7th - Veterans' Day Lunch



## Facility Rentals

- Family Gatherings
- Wedding Showers
- Baby Showers
- Holiday Events
- Birthday Parties
- Retirement Parties

Call 419-294-5733 for more information



## WOULD YOU LIKE TO BE ON OUR MAILING LIST?

Wyandot County Council On Aging  
127 S. Sandusky Ave.  
Upper Sandusky, OH  
43351



If you have enjoyed this newsletter and do not currently receive it by mail or email, please fill out the information below and return it in person or by mail to be added to our mailing list.

Name:	
Address:	
City, State, Zip:	
Email:	



Please return to:  
Wyandot County Council On Aging  
127 South Sandusky Ave.  
Upper Sandusky, Ohio 43351