

# WYANDOT COUNTY COUNCIL ON AGING

## Living Smart Aging Strong

From the desk of our director: Terry Ratliff



**Football, Fair, & Fall!**

My favorite time of year is just a few weeks away. I love the crisp air and all the colorful leaves. I am always reminded of Friday nights spent at the high school football games. After I graduated from USHS in 1980, it was what I missed most about school.

September also brings the Wyandot

County Fair. We are hosting Senior Day at the fair on Wednesday Sept. 11<sup>th</sup>. Details are on pg. 3 of this edition.

Annually, on this day, we recognize the Wyandot County Senior Citizen of the Year. We are pleased to announce this year's recipients are

**Larry & Rita Bennett!**

To know the Bennetts is to know their dedication to serving their community selflessly.



Their contributions are innumerable but include Mohawk Community Service Club, Christian Food Center, coordinating community events as well as supporting various local non-profits, charities, & churches. Please join us in celebrating the Bennetts and their outstanding accomplishments.

Additionally, WCCOA would like to thank last years recipient, Marilyn Baughman, for her contributions and dedication throughout her year of service.

### **Mission Statement:**

Wyandot County Council On Aging engages Wyandot County citizens of all ages and provides services to our 60+ community to enhance the quality of their lives.

### **INSIDE THIS ISSUE**

Executive Director.....	#1
Services.....	#2
Community.....	#3
September Calendar.....	#4
October Calendar.....	#5
Activities.....	#6
Activities.....	#7
Fall Events.....	#8
Food & Fun.....	#9
Staying Healthy.....	#10
Movement Moment.....	#11
Word Search.....	#12
Puzzles.....	#14
Trip.....	#16
Motorcoach Trip.....	#17
Board Members.....	#18
Mailing List.....	#20

**8:00 A.M. - 4:00 P.M.**

**Monday - Friday**

**419-294-5733**

**127 S. Sandusky Ave.**

**Upper Sandusky**

**Ohio 43351**

# SERVICES



*What are the qualifications to receive meals, transportation, and homemaking services?*

**It's quite simple**

- 1) be a Wyandot County resident
- 2) be at least 60 years of age

**That's it!**

Our services do have suggested donations, we have no income guidelines for eligibility.



WCCOA drivers are committed to meeting your transportation needs. Non-emergency, medical appointments receive priority scheduling and can be anywhere in the state of Ohio. Non-medical transports are available inside Wyandot County. We offer door to door service and our fleet of vehicles can accommodate most mobility needs. Reservations can be made by calling our office and typically require advance notice.

**Patty Nye** Transportation Supervisor



Our agency offers freshly prepared meals delivered to your home five days a week, as well as frozen and shelf-stable meal choices. Our menu is created by a nutritionist, emphasizing a well-balanced, low-sodium diet. The Home Delivered Meal program allows our team to engage with clients regularly. Additionally, we provide a dine-in option at our office from 11:30 am to 12:30 PM, Monday to Friday.

**Ron Bailey** Nutrition Supervisor



In an effort to allow our clients to safely remain in their homes for as long as possible, our homemaking team provides light housekeeping services. Keeping homes clean and free of clutter make for happier, safer homes. Our Homemaking department is growing! We are currently accepting applications for an additional team member and look forward to being able to serve more people.

**Alesta Altvater** Homemaking Supervisor



# 173rd Wyandot County Fair

Coffee & Donuts

Door Prizes

LUNCH

Give-a-ways

Wednesday, September 11th

Live Entertainment

Doors open at 9:00AM  
Lunch at Noon



\*Lunch tickets will be available starting at our End of the Month Lunch on August 29th

\*\* Fair admission not included - Senior Discount Available

In Loving Memory,

Richard Gerber  
Anne Kirchner  
Lucille Swartz  
Garnet Traxler  
Donald Willson



Thank you for thinking of us in your time of loss.

If you would like to make a monetary donation in honor of a loved one you can do so on our website, in our office or by mail.

WCCOA INVITES YOU TO OUR



# VETERANS DAY

## CELEBRATION

Open to service members and their families

Please RSVP by calling 419-294-5733 by November 1st.

FRIDAY, NOVEMBER 8TH

TRINITY EVANGELICAL  
108 MALABAR DRIVE  
UPPER SANDUSKY

DOORS AT 11:30  
LUNCH AT NOON

# SEPTEMBER CALENDAR

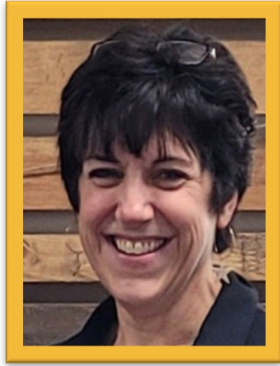
Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  Office Closed	<b>3</b> 8:00am Pickleball HSP 6:00pm Game Night SC	<b>4</b> 12:30pm Euchre SC  Wednesday Trip	<b>5</b> 10:00am Craft Class SC 10:00am Bible Study CD 1:00pm BINGO SC	<b>6</b> 8:00am Pickleball HSP 9:00am Chair Exercise SC
<b>9</b> 1:00pm Crochet SC 3:00pm Chair Exercise SC	<b>10</b> 8:00am Pickleball HSP	<b>11</b> Senior Connection Closed 9:00am - 2:00pm <b>Senior Day @ the            Wyandot County            Fair</b> Patriot Day	<b>12</b> Senior Connection Closed	<b>13</b> Senior Connection Closed
<b>16</b> 1:00pm Crochet SC 3:00pm Chair Exercise SC	<b>17</b> 8:00am Pickleball HSP 1:00pm Book Club SC  Citizenship Day	<b>18</b> 12:30pm Euchre SC  Wednesday Trip	<b>19</b> 10:00am Craft Class SC 10:00am Bible Study CD 1:00pm BINGO SC	<b>20</b> 8:00am Pickleball HSP 9:00am Chair Exercise SC
<b>23</b> 1:00pm Crochet SC 3:00pm Chair Exercise SC  Mystery Lunch	<b>24</b> 8:00am Pickleball HSP 10:00am Sewing Class COA 1:00pm Take "2"sday Movie Wonka SC 6:00pm Game Night SC	<b>25</b> 12:30pm Euchre SC  Wednesday Trip	<b>26</b> 10:00am Bible Study CD 12:00pm End of the Month Lunch TEC 5:00pm BINGO & Pizza TDP	<b>27</b> 8:00am Pickleball HSP 9:00am Chair Exercise SC 1:00pm Bridge SC  Fun Friday
<b>30</b> 1:00pm Crochet SC 3:00pm Chair Exercise SC  Mackinac Island Trip	TEC = Trinity Evangelical Church <b>Upper Sandusky</b>  CD = Carey Depot <b>Carey</b>  SC = Senior Connection <b>Upper Sandusky</b>	COA = Council On Aging Meeting Room <b>Upper Sandusky</b>  HSP = Harrison Smith Park <b>Upper Sandusky</b>	GUMC = Grace United Methodist Church <b>Carey</b>  TDP = The Dwelling Place <b>Wharton</b>  MCL = Mohawk Community Library <b>Sycamore</b>	



# OCTOBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>8:00am</b> Pickleball HSP <b>12:00pm</b> Community Lunch GUMC  Mackinac Island Trip	<b>2</b> <b>12:30pm</b> Euchre SC  Wednesday Trip Mackinac Island Trip	<b>3</b> <b>10:00am</b> Craft Class SC <b>10:00am</b> Bible Study CD <b>1:00pm</b> BINGO SC  Mackinac Island Trip	<b>4</b> <b>8:00am</b> Pickleball HSP <b>9:00am</b> Chair Exercise SC <b>1:00pm</b> Bridge SC
<b>7</b> <b>9:00am</b> Donuts & Directors TDP <b>1:00pm</b> Crochet SC <b>3:00pm</b> Chair Exercise SC	<b>8</b> <b>8:00am</b> Pickleball HSP <b>12:00pm</b> Community Lunch MCL <b>6:00pm</b> Game Night SC	<b>9</b> <b>12:30pm</b> Euchre SC  Wednesday Trip	<b>10</b> <b>10:00am</b> Craft Class SC <b>10:00am</b> Bible Study CD <b>1:00pm</b> BINGO SC	<b>11</b> <b>9:00am</b> Pickleball Tournament HSP <b>9:00am</b> Chair Exercise SC
<b>14</b> <b>9:00am</b> Donuts & Directors GUMC <b>1:00pm</b> Crochet SC <b>3:00pm</b> Chair Exercise SC	<b>15</b> <b>12:00pm</b> Community Lunch TDP <b>1:00pm</b> Book Club SC	<b>16</b> <b>12:30pm</b> Euchre SC  Wednesday Trip	<b>17</b> <b>10:00am</b> Craft Class SC <b>10:00am</b> Bible Study CD <b>1:00pm</b> BINGO SC	<b>18</b> <b>9:00am</b> Chair Exercise SC <b>1:00pm</b> Bridge SC  Fun Friday
<b>21</b> <b>9:00am</b> Donuts & Directors MCL <b>1:00pm</b> Crochet SC <b>3:00pm</b> Chair Exercise SC	<b>22</b> <b>6:00pm</b> Game Night SC  Mystery Lunch	<b>23</b> <b>12:30pm</b> Euchre SC  Wednesday Trip	<b>24</b> <b>10:00am</b> Craft Class SC <b>10:00am</b> Bible Study CD <b>1:00pm</b> BINGO SC	<b>25</b> <b>9:00am</b> Chair Exercise SC <b>1:00pm</b> Bridge SC
<b>28</b> <b>1:00pm</b> Crochet SC <b>3:00pm</b> Chair Exercise SC	<b>29</b> <b>10:00am</b> Sewing Class COA <b>1:00pm</b> Take "2" sday Movie Mattida SC	<b>30</b> <b>12:30pm</b> Euchre SC  Wednesday Trip	<b>31</b> <b>10:00am</b> Bible Study CD <b>12:00pm</b> Pizza & Passports Lunch TEC	

# ACTIVITIES



**Amy Gardner**  
Activities  
Director



**Ron Boose**  
Directors'  
Assistant



**Teresa Brodman**  
Activities  
Assistant



**Trey Miller**  
Activities  
Assistant

**CROCHET**

Mondays 1PM

**EUCHRE**

Wednesdays 12:30PM

**CRAFTS**

Thursdays 10AM

## HAVE YOU BEEN TO THE SENIOR CONNECTION?

**BINGO**

Thursdays 1PM

**CHAIR EXERCISE**

Mondays 3PM  
Fridays 9AM

**BRIDGE**

Fridays 1PM

## SEWING CLASS

SEPTEMBER  
24TH  
10AM-2PM



**ZIPPERED TOTE**

## BAKED POTATO POUCH

OCTOBER  
29TH  
10AM-2PM



**RSVP BY CALLING 419-294-5733**



1ST WEDNESDAY OF EACH MONTH

# Donuts & Technology

WITH **Beltone**

September 4th 10:00am - 11:00am  
October 2nd 10:00am - 11:00am

YOU BRING A PHONE OR TABLET AND ANY QUESTIONS WE'LL BRING DONUTS!

SENIOR CONNECTION  
124 S. SANDUSKY AVENUE  
UPPER SANDUSKY

# GAME NIGHT

TUESDAY **3/24**  
SEPTEMBER 6PM - 8PM

TUESDAY **8/22**  
OCTOBER Senior Connection

# BOOK CLUB

Senior Connection - 1:00pm

September 17th  
*Pride and Prejudice*  
by Jane Austen

October 15th  
*Midnight in the Garden of Good and Evil*  
by John Berendt

124 S Sandusky Ave  
Upper Sandusky

# Bingo & Pizza

SEPTEMBER - 26TH  
5:00PM The Dwelling Place Wharton

\$5.00 per person  
Please call 419-294-5733 to RSVP

# ENCOUNTERS WITH JESUS

Weekly Bible Study

THURSDAYS  
10:00AM - 11:30AM  
CAREY DEPOT

# TAKE "2'SDAYS MOVIE DAY"

SEPTEMBER 24th WONKA  
OCTOBER 29th MATILDA

SENIOR CONNECTION @ 1:00PM



## BREAKING NEWS!!

**WE HAVE PARTNERED WITH ALERT MEDICAL ALARMS TO OFFER CUTTING EDGE PERS SOLUTIONS FOR WYANDOT COUNTY**



### IN-HOME UNIT

- Provides safety in your home.
- For In-Home Safety
  - Wristband and Necklace Options
  - Water Resistant



### TEARDROP

Breaking the Backyard Barrier

- Independence in or away from home
- Help for any situation
- Quick Response assistance to your location



### GPS MOBILE WATCH

Activate your lifestyle with confidence

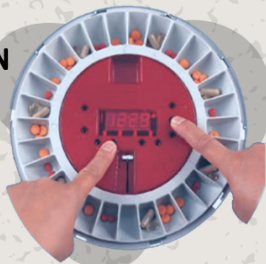
- For On-the-Go Safety!
- Wristband
- Water Resistant



### AUTOMATED MEDICATION DISPENSERS

Timely Distribution for Medication

- Reduces Hospitalization
- Increases Medication compliance
- Eliminates missed/over-dosing



### INTEGRATED LOCKBOX

Lockbox hangs easily on any doorknob, fence, or railing. Code can preset with your members PERS device so, EMS will know before arriving to the scene.

**CALL 419-294-5733 FOR MORE INFORMATION**

# September

## END OF THE MONTH LUNCH



**Doors open at 11:30  
Lunch at Noon**



**Trinity Evangelical**  
108 Malabar Drive  
Upper Sandusky



Please call 419-294-5733  
to RSVP



Presentation by  
**Sheriff Todd Frey**  
to follow lunch

THURSDAY,  
SEPTEMBER 26TH

# KEYS TO SAFETY

**Corn You Believe it is October???**

# OCTOBER COMMUNITY LUNCHES

**We are feeling CORNY and would love for you to join us for lunch!**

**Corn Food & Fun**

**Lunch at Noon**

**1st**

**Grace United Methodist**  
301 E. Findlay Street  
Carey

**8th**

**Mohawk Community Library**  
200 S. Sycamore Ave  
Sycamore

**15th**

**The Dwelling Place**  
108 Cass Street  
Wharton

**PLEASE RSVP BY CALLING 419-294-5733**



# DONUTS WITH DIRECTORS

Join us for Donuts & Coffee  
9:00am to 10:00am

**OCTOBER 7TH**

The Dwelling Place - Wharton

**OCTOBER 14TH**

Grace United Methodist - Carey

**OCTOBER 21ST**

Mohawk Community Library - Sycamore

**\*No Donuts in September\***



# MYSTERY LUNCH

September 23rd & October 22nd

Sept. reservations begin Sept. 3rd

Oct. reservations begin Oct. 7th



Taking the first TEN callers!

Meet at EMS building at 10:30

\$10 for trip + your lunch

RSVP by calling [419-294-5733](tel:419-294-5733)

# PICKLEBALL IN THE PARK

ALL SKILL LEVELS WELCOME



**TUESDAY & FRIDAY**  
HARRISON SMITH PARK  
8:00AM - 10:00AM

STARTING NOVEMBER 6TH:  
**WEDNESDAY & FRIDAY**  
JOHN STEWART GYM  
9:00AM - 11:00AM



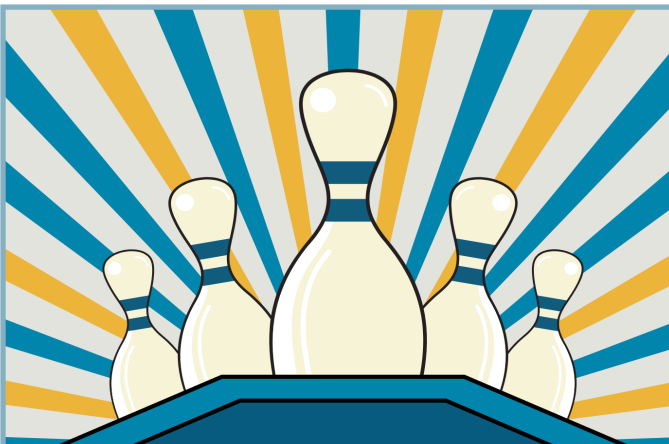
**Friday  
Oct. 11th**

# Pickleball TOURNAMENT

**SPORTS | FRIENDS | FOOD**

Harrison Smith Park | 9:00 AM  
Upper Sandusky

Call 419-294-5733 for more  
information and to sign up



# SILVER Strikes

Open Lanes - \$3 Per Person / Game

WYANDOT  
LANES

Tuesdays: 9:30 to Noon  
Starting Nov 5th

All Ages Welcome - 60+ at discount

# Medicare Questions???

Ohio Senior Health Insurance  
Information Program  
November 12th  
9am - 2pm  
Senior Connection



Call 419-294-5733 to make an appointment



When it comes to maintaining your health and well-being, the options for staying active are abundant, and incorporating yoga into your routine can offer a myriad of benefits for both body and mind. As you consider where to work out, it's essential to explore environments that cater to your specific needs and preferences, including those that offer yoga classes tailored to seniors. Whether you're a seasoned yogi or new to the practice, finding the right setting for your yoga practice can make all the difference in your journey toward improved flexibility, strength, and overall vitality.

Many fitness centers, community centers, and yoga studios offer specialized classes designed specifically for seniors, providing a welcoming and supportive environment where you can safely explore the practice at your own pace. These classes often focus on gentle movements, accessible poses, and modifications tailored to individual abilities, making them suitable for seniors of all fitness levels and physical conditions. Additionally, the communal atmosphere of a yoga class can foster a sense of connection and camaraderie as you bond with fellow participants over shared goals and experiences.

For more information on places that tailor to the need of aging adults, contact Woven Yoga or Wyandot Memorial Hospital for more information.

Michele Minehart, Woven Yoga

## FALL WORD SEARCH

H J N I F I P J K R F H R E T  
 A D M B Z O R U E T F J E Y H  
 L I U F T W O B M V R F W R A  
 L Y T N B R O T E P A J O E N  
 O Y U A Z T N Y B C K S L B K  
 W J A T C J D R S A E I F M S  
 E G L O F N D S O E L Q N E G  
 E S W E A T E R E C V L U V I  
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 S I E D I R Y A H P P T E N I  
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 W I Y C G V Y A F R G T A W G  
 N L D T E Y Y K K P I E I X E  
 J Q R S L X R E B M E T P E S  
 Y E T E V G Y T H W I C K U J

ACORN

FOOTBALL

NOVEMBER

SEPTEMBER

APPLES

HALLOWEEN

OCTOBER

SUNFLOWER

AUTUMN

HARVEST

PUMPKIN

SWEATER

CANDY

HAYRIDE

RAKE

THANKSGIVING

CIDER

LEAVES

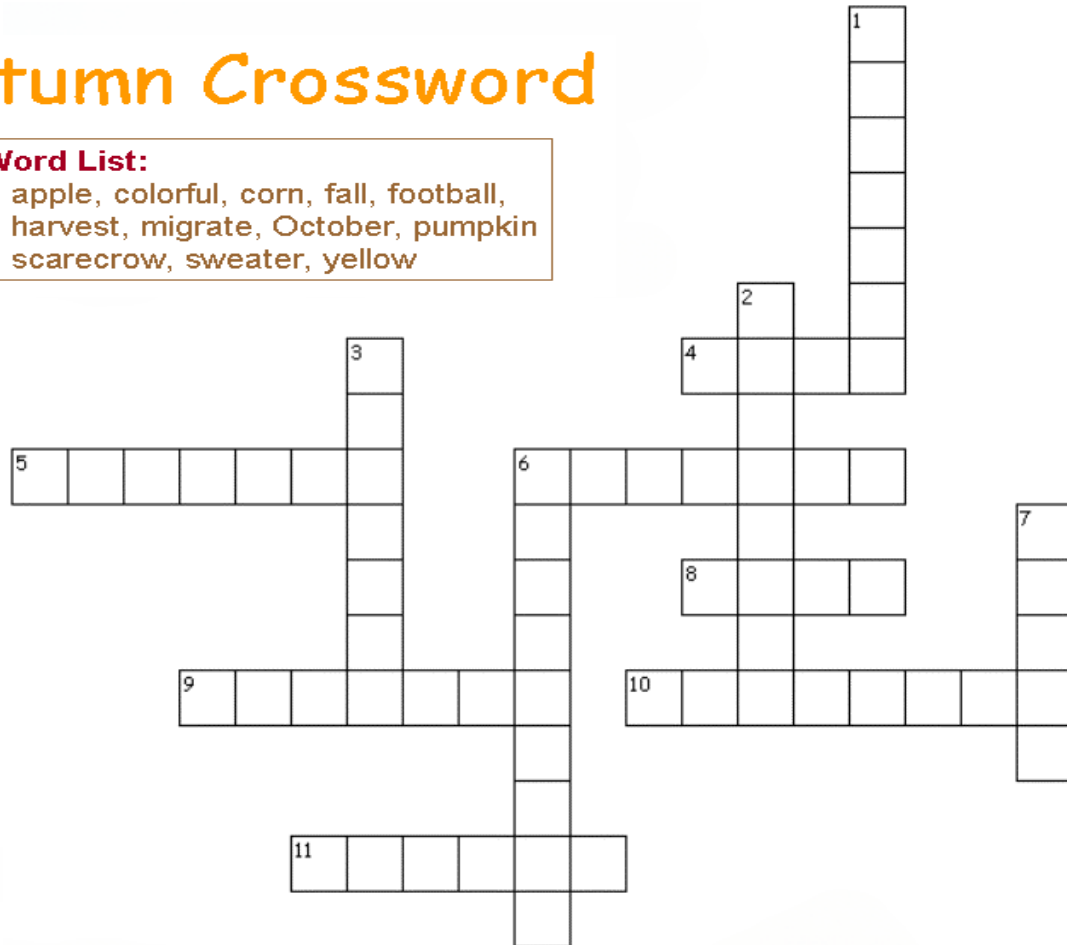
SCARECROW

TURKEY



# Autumn Crossword

**Word List:**  
 apple, colorful, corn, fall, football,  
 harvest, migrate, October, pumpkin  
 scarecrow, sweater, yellow



**Across**

- 4. A tasty yellow vegetable with kernels.
- 5. Another word for gathering crops before winter.
- 6. Something people wear during autumn.
- 8. Another word for autumn.
- 9. Many animals do this in the autumn.
- 10. The way trees look during autumn.
- 11. One of the colors leaves turn in autumn.

**Down**

- 1. A large orange squash that people carve faces into.
- 2. A sport that starts in autumn.
- 3. The middle month of autumn.
- 6. Used to scare birds away from the corn.
- 7. A crisp, red fruit.

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8		6		3		7		

# TRIPS

PIZZA & PASSPORTS



## Thursday, October 31st

108 Malabar Drive  
Upper Sandusky

**Doors - 11:30 Lunch - 12:00**

Please **RSVP** by  
calling **419-294-5733**

# It's time to Travel

Join us for this informational  
lunch as we outline our  
**Trips for 2025.**



\*You will **NOT** be able to sign up for any trips at this event\*  
\*\*Registration will open **Monday, December 2nd**\*\*

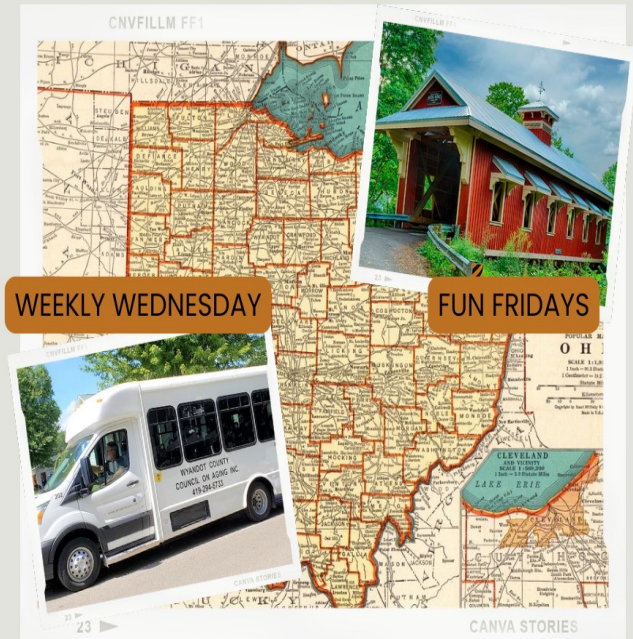
## Weekly Wednesday Trips

...visit Columbus, Bellefontaine,  
Perrysburg, Vermilion,  
Port Clinton, Troy, Yellow Springs &  
Millersburg

## Fun Fridays Adventures

Board Game Cafe, Spa Day,  
Hartford Vintage Market Days,  
Nursery Hop, Titanic@Cosi, Ohio State Fair,  
Renaissance Festival, Fort Wayne, &  
Dickens Christmas

**\$20 ride fare**  
**Depart at 8:30am**  
**EMS Lot**  
**401 N. Warpole Street**



For details, visit  
[wyandotseniors.com](http://wyandotseniors.com)  
or call us at 419-294-5733



# motorcoach package includes:

- luxury coach accommodations
- driver's tip
- payment options
- departure from Trinity Evangelical Church

For information about pricing or to sign-up, visit our website at [wyandotseniors.com](http://wyandotseniors.com)

September 30th



October 3rd

# turkey trot

A Holiday  
Food & Wine  
Pairing Event



WINEGROWERS  
of the  
GRAND RIVER VALLEY

November  
14th & 15th



DECEMBER 6TH



# WCCOA BOARD MEMBERS

WCCOA, Inc. is a private, non-profit corporation founded on August 9, 1974, and serving individuals since 1976. Over the years, WCCOA has been made possible by grants, partnerships and most importantly - the voters of Wyandot County - who have generously voted to pass tax-levies to keep our operations prospering.

## Thank You

A very special Thank You to all of our Wyandot County area businesses who donated money to provide an ad in our newsletter! We truly appreciate your support!

### BOARD OFFICERS

*Bonnie Conley*  
President  
*Karen Walter*  
Vice President  
*Laura Frey*  
Treasurer  
*Barb Shumaker*  
Secretary

### BOARD MEMBERS

*Paula Fisher*  
*Treston Hall*  
*Sue Humer*  
*Anna Mae Huntley*  
*Ruth Reier*  
*Becky Geiser*  
*Deb Mullholand*  
*Marge Sink*



September 11th - *Senior Day at the Fair*  
October 11th - *Pickleball Tournament*  
October 31st - *Pizza & Passports*  
November 8th - *Veterans Day Lunch*  
December 3rd - *Giving Tuesday*  
December 7th - *Home For the Holidays*  
December 20th - *Christmas Party*



## Facility Rentals

- Family Gatherings
- Wedding Showers
- Baby Showers
- Holiday Events
- Birthday Parties
- Retirement Parties

**Call 419-294-5733 for more information**

If you would like to make an electronic donation, scan this QR Code to be directed to our website.



## WOULD YOU LIKE TO BE ON OUR MAILING LIST?

Wyandot County Council On Aging  
127 S. Sandusky Ave.  
Upper Sandusky, OH  
43351

BULK RATE  
U.S. Postage  
**PAID**  
Upper Sandusky, OH  
Permit #12

If you have enjoyed this newsletter and do not currently receive it by mail or email, please fill out the information below and return it in person or by mail to be added to our mailing list.

<b>Name:</b>	
<b>Address:</b>	
<b>City, State, Zip:</b>	
<b>Email:</b>	



Please return to:  
Wyandot County Council On Aging  
127 South Sandusky Ave.  
Upper Sandusky, Ohio 43351