JANUARY / FEBRUARY 2025



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Mission Statement: Wyandot County

Council On Aging engages Wyandot County citizens of all ages and provides services to our 60+ community to enhance the quality of their lives. Welcome 2025

I hope you all enjoyed some time with family and friends during this holiday season.

Winter is officially here and along with winter comes the possibility of challenging weather conditions. That makes this a good time to address our weather policy.

WCCOA is committed to always keeping our clients and staff safe. We don't want our clients attempting to navigate conditions that may make it difficult to get to and from vehicles such as slippery sidewalks, stairs, and porches. We also do not want our staff driving on hazardous roadways.

Therefore, when we are under a Level 1 weather advisory, services will be cancelled. We will make every attempt to serve dialysis clients.

As for activities, we will cancel local events if your local school district closes.

Example: We have a community lunch scheduled in Sycamore. If Mohawk Schools close for adverse weather conditions, the community lunch will be



cancelled.

Please call the office, 419-294-5733, anytime you are unsure and want to verify closings and cancellations.

Terry Ratliff, Executive Director



127 S. Sandusky Ave Upper Sandusky, OH 43351 419-294-5733

www.wyandotseniors.com

SERVICES

HOMEMAKING

In an effort to allow our clients to safely remain in their homes for as long as possible, our homemaking team provides light housekeeping services. Keeping homes clean and free of clutter make for happier, safer homes.

Currently, we have a short waiting list for this service. If you would like you name added to the waiting list please give our office a call.

2024 HOMEMAKING REVIEW: <u>93</u> Clients Served <u>3,829</u> Hours Logged



Alesta Altvater Homemaking Supervisor

NUTRITION

Do you know about our Nutrition Services??? Our agency offers three types of meals that can be delivered to your home up to five days a week. Our menu is created by a nutritionist, emphasizing a well-balanced. low-sodium diet. The Home Delivered Meal program also allows our team to engage with clients regularly. Additionally, we provide a dine-in option at our office from 11:30 am to 12:30 PM, Monday to Friday.

> 2024 NUTRITION REVIEW: <u>35,089</u> Meals Served



Ronald Bailey Nutrition Supervisor

TRANSPORTATION

WCCOA drivers are committed to meeting your transportation needs. Nonemergency, medical appointments receive priority scheduling and can be anywhere in the state of Ohio. Nonmedical transports are available inside Wyandot County. We offer door to door service and our fleet of vehicles can accommodate most mobility needs. Reservations can be made by calling our office and require advance notice.

2024 TRANSPORTATION REVIEW:

6.149 Medical Transports 2,572 Non-Medical Transports 2,735 Social Transports



Patty Nye Transportation Supervisor

PROGRAMS & RESOURCES

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Ohio Senior Health Insurance Information Program 1-800-686-1578 OSHIP OSHIP Combudsman Expect Excellence In Your Care MyCare Ohio Ombudsman 1-800-282-1206

The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175 percent of the federal poverty guidelines pay their heating bills.

- **HEAP** benefits are applied to an individual's energy bill after January 1st.
- Applications for the **HEAP** program must be received by May 31, 2025

Applications are open to anyone over the age of 18. Those over 60 can request assistance filling out the application. All heating types are eligible for energy assistance program.

For More Information: Call 419-524-4144 Visit www.enerygyhelp. ohio.gov

AREA AGENCY ON AGING Ohio District 5 | Serving North Central Ohio

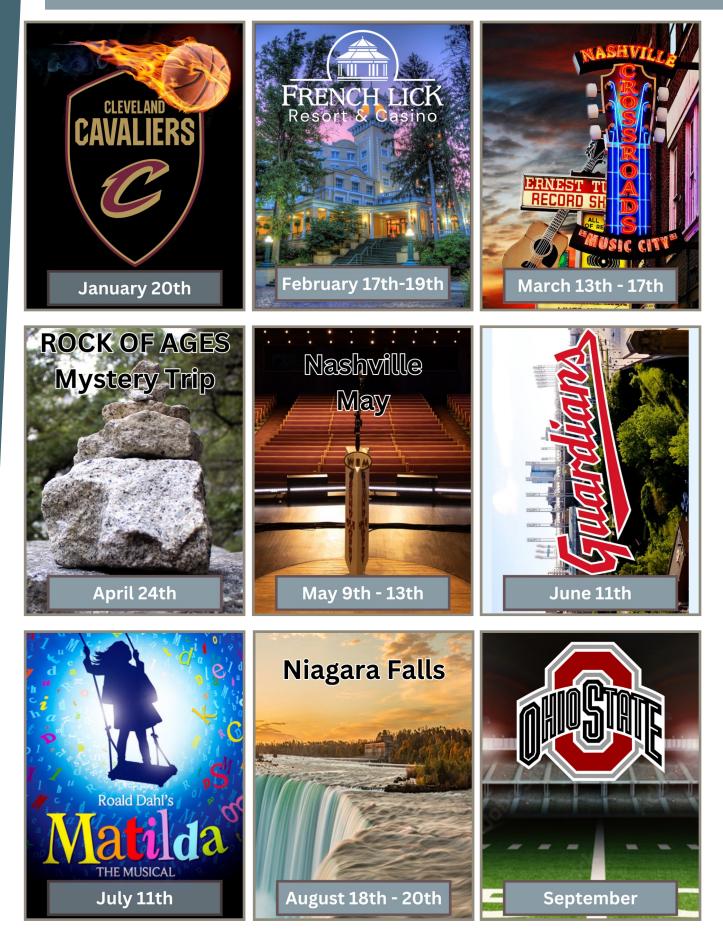
JANUARY CALENDAR

			A.	Ster W
A.	Ja	nua	ry	
Monday	Tuesday	Wednesday	Thursday	Friday
		1 NeW: * YEARS • DAY *	2 1:00pm Bible Study CL	3 9:00am Chair Exercise SC 1:00pm Bridge SC
6 9:30am Jumpin' w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC	7 9:30am Bowling WL	8 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 12:30pm Euchre SC	9 1:00pm Bible Study CL 5:00pm Senior Club COA	10 9:00am Chair Exercise SC 1:00pm Bridge SC
13 9:30am Jumpin/'w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC	14 9:30am Bowling WL 6:00pm Game Night SC	15 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 11:30am Pickleball JSC 12:30pm Euchre SC	16 1:00pm Bible Study CL 1:00-4:00 Winter Wellness Open House - SC	17 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC
20 CAVALIER'S BASKETBALL TRIP	21 9:30am Bowling WL 1:00pm Book Club SC MYSTERY LUNCH	22 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 11:30am Pickleball JSC 12:30pm Euchre SC	23 1:00pm Bible Study CL 1:00-4:00 Winter Wellness Open House - SC	24 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC
27 9:30am Jumpin' w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC	28 9:30am Bowling WL 1:00pm Take "2"sday Movie - SC Dumplin' 6:00pm Game Night SC	29 9:00am Coffee@Connection 9:30am Jumpin/'w/ Jim JSC 11:30am Pickleball JSC 12:30pm Euchre SC	30 1:00pm Bible Study CL 1:00-4:00 Winter Wellness Open House - SC 5:00pm Dynamite BINGO - COA	<i>31</i> 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC FUN FRIDAY

FEBRUARY CALENDAR

February					
Monday	Tuesday	Wednesday	Thursday	Friday	
COA = Council On Aging Upper SanduskyJSC = John Stewart Methodist Church Upper SanduskyTEC = Trinity Evangelical Church Upper SanduskySC = Senior Connection Upper SanduskyJSC = John Stewart Methodist Church Upper SanduskyTEC = Trinity Evangelical Church Upper SanduskySC = Senior Connection Upper SanduskyCL = Carey Link CareyTDP = The Dwelling Place WhartonWL = Wyandot Lanes Upper SanduskyCareyWharton					
3 9:30am Jumpin' w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC	4 9:30am Bowling WL	5 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 10:00am Donuts&Tech - SC 11:30am Pickleball JSC 12:30pm Euchre SC	6 1:00pm Bible Study CL 1:00-4:00 Winter Wellness Open House - SC	7 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC	
10 9:30am Jumpin' w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC	11 9:30am Bowling WL 6:00pm Game Night SC	12 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 11:30am Pickleball JSC 12:30pm Euchre SC MYSTERY LUNCH	13 1:00pm Bible Study CL 1:00-4:00 Winter Wellness Open House - SC 5:00pm Senior Club COA	14 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC	
17 9:30am Jumpin' w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC FRENCH LICK TRIP	18 9:30am Bowling WL 1:00pm Book Club SC	19 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 11:30am Pickleball JSC 12:30pm Euchre SC	20 1:00pm Bible Study CL 1:00-4:00 Winter Wellness Open House - SC	21 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC FUN FRIDAY	
24 9:30am Jumpin' w/ Jim JSC 1:00pm Crochet SC 3:00pm Chair Exercise SC	25 9:30am Bowling WL 1:00pm Take "2"sday Movie-SC- <i>Return to Me</i> 6:00pm Game Night SC	26 9:00am Coffee@Connection 9:30am Jumpin' w/ Jim JSC 11:30am Pickleball JSC 12:30pm Euchre SC	27 1:00pm Bible Study CL 12:00pm End of the Month Lunch TEC 5:00pm Dynamite BINGO - COA	28 9:00am Pickleball JSC 9:00am Chair Exercise SC 1:00pm Bridge SC	

TRIPS



TRIPS

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Home & Garden Show *\$6 March 14th Pi Day * April 4th Quilt Expo * May 23rd Firekeepers Casino *\$100 June 6th Fishing Excursion * July 18th Thrift Shop Crawl

Mt. Vernon Music Festival September 19th Jack Pine Glass Pumpkin Fest October 17th Apple Butter Festival * November 21st IX Center Christmas Expo * \$12 December 12th **Ohio State House Holiday** Celebration *indicates additional costs

2

3

TRIPS

2025 Trip Procedures

All **out of county residents** will need to purchase a WCCOA Passport to be eligible to make a trip reservation. Passports are good for one (1) calendar year.

Wyandot County residents will be eligible to sign up when a Trip Registration Date is open. Trip Registrations Dates are located in each brochure.

Out of County residents will be eligible to begin sign ups two (2) weeks after posted Trip Registration Date.

ALL trips (charter bus, Fun Fridays, Weekly Wednesdays & Mystery Lunches) will leave from Trinity Evangelical Church North Parking Lot.

You must have ALL of the following completed forms to be added to the manifest...
A. General Release of Claims

B. First Aid Alert Sheet
C. Reservation Form - each trip/each traveler



Passports are available for purchase on our website (www.wyandotseniors.com) and at the Senior Connection.





ACTIVITIES TEAM

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SENIOR CONNECTION







HAVE YOU BEEN TO THE SENIORCONNECTION?











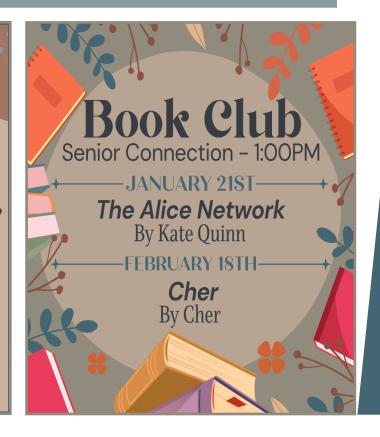
SENIOR CONNECTION

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Bring your phone or tablet, and our tech-savvy pals from Beltone will help tackle your tech questions. Oh, and did we mention there will be donuts?







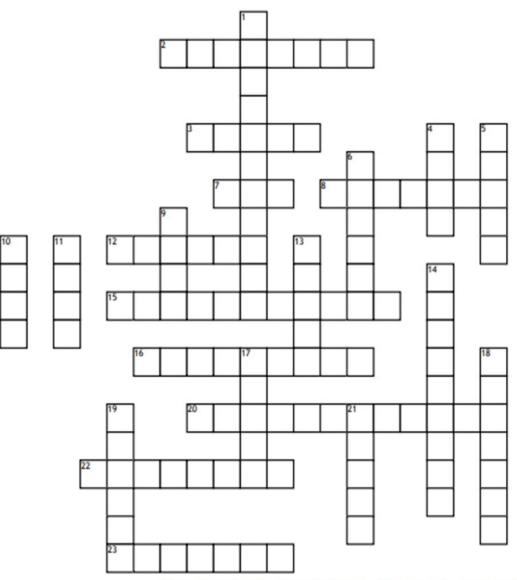
WINTER WELLNESS



JOIN THE FUN



February Crossword puzzle



Across

 number of medium tote colors available in our store
 color of denim that is stain

resistant

7. number of color option in our store of the packable tote

8. womens swim top style that is great for hiding imperfections around the middle

12. wrinkle free finish applied to clothing

 this swim collection has the greatest assortment of separates for women

"like sweats, only better"

20. only style of mens outerwear avilable in our store

22. mens slim but not too tight tops fit

23. iconic cable sweater for men and women avilable in our store Down

1. mens relaxed and

comfortable tops fit 4. fabric of mens polo in our store

5. this style of dress is timeless and universally flattering

number of womens scarf styles in our store very soft, lustrous fabric of polo for men and women
 number of colors available in

10. number of colors available in our store of mens shorts

11. 100% canvas carrier

number of colors available in our store of the womens swim tee

14. classic Lands' End cardigan

 number of womens denim fits in our store

18. womens slub tee fit

19. womens ribbed and

cotton/modal tee fit

21. percentage of women that will buy a coverup with a swim suit

BOARD MEMBERS

Thank you!

We extend our heartfelt gratitude to all the businesses in the Wyandot County area that have purchased advertisements in our newsletter. Your support is sincerely appreciated!



If you wish to make an electronic donation, please scan this QR code to be directed to our website. WCCOA, Inc. is a private, non-profit
corporation founded on August 9, 1974, and
serving individuals since 1976.
Over the years, WCCOA has been made possible
by grants, partnerships and most importantly the voters of Wyandot County - who have
generously voted to pass tax-levies to keep our
operations prospering.

BOARD OFFICERS

Bonníe Conley President Barb Shumaker Vice President / Executive Secretary Laura Frey Treasurer BOARD MEMBERS Paula Físher Becky Geíser Sue Humer Anna Mae Huntley Tom Martín Deb Mullholand Ruth Reíer Marge Sínk Jím Stauffer

January 16th - Winter Wellness Series Begins

May 29th - Senior Day In May July 31st - Picnic In The Park

September 10th - Senior Day Wyandot County Fair

November 7th - Veterans' Day Lunch





- Baby Showers
- Retirement
 Parties

Call 419-294-5733 for more information

WOULD YOU LIKE TO BE ON OUR MAILING LIST?

Wyandot County Council On Aging 127 S. Sandusky Ave. Upper Sandusky, OH 43351



If you have enjoyed this newsletter and do not currently receive it by mail or email, please fill out the information below and return it in person or by mail to be added to our mailing list.

Name:	
Address:	
City, State, Zip:	
Email:	





Please return to: Wyandot County Council On Aging 127 South Sandusky Ave. Upper Sandusky, Ohio 43351